

# Impact Missions Prayer Stations

Prayer stations are a great way to engage students in a time of prayer and reflection that's a little different from what they usually experience in a Bible study or worship setting. These stations can be used in an intergenerational setting or with only one age group. Participants can go through each station in order or choose one or two stations depending on the size of your group and time restraints.

The following is a suggested set up for each station with a material list. The pages to print and put at each station will follow.

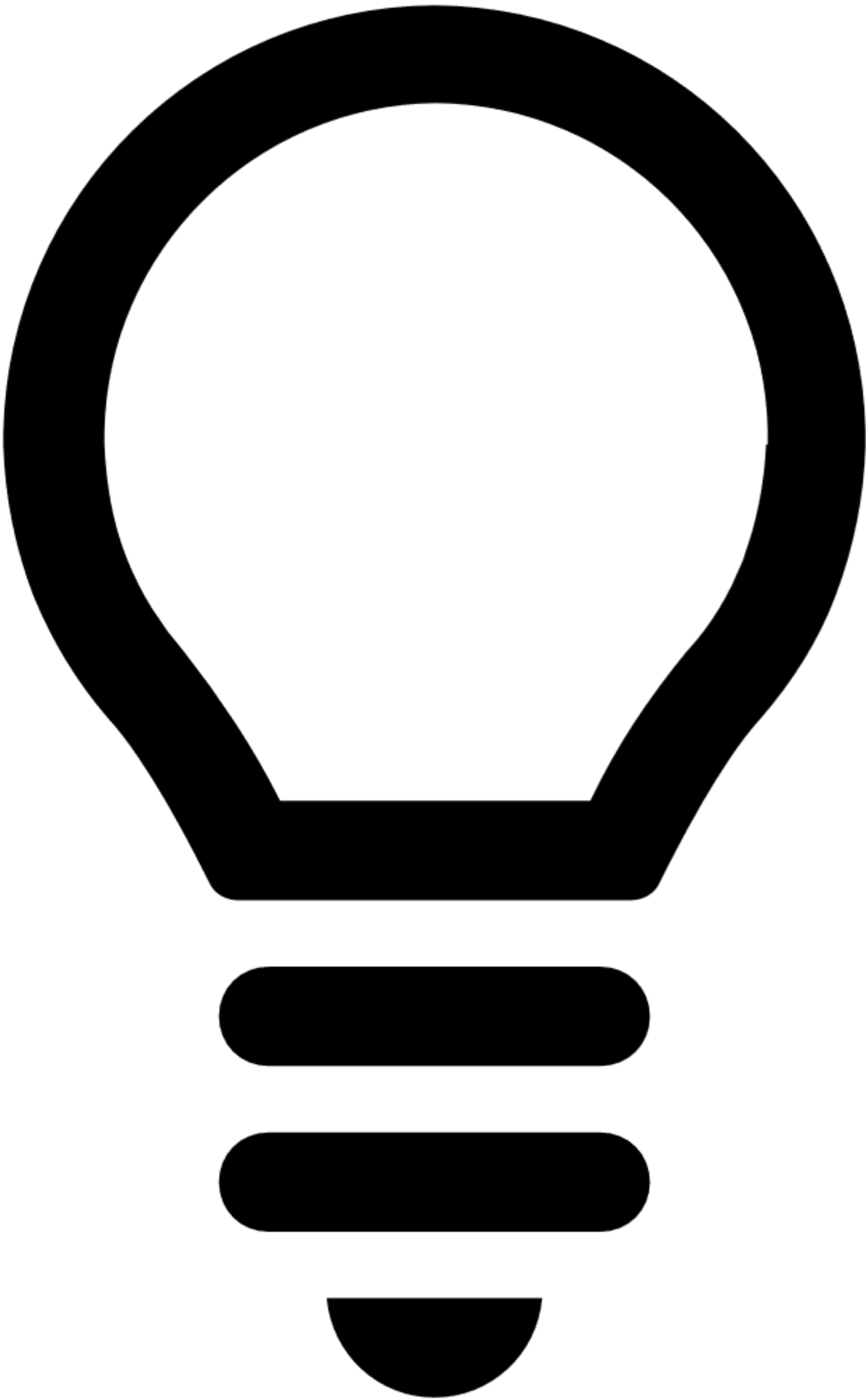
1. Light of the world- printed sheets (2) and highlighters
2. Forgiveness- printed sheet, sand, pan or plastic container
3. Anxiety- printed sheet, picture of a cross or a cross, post it notes or a way to put the papers on the cross. pens
4. Chain Breaking- printed sheet, make a paper chain to be an example (participants will add to the chain), strips of paper, pens, and stapler
5. Faith Journey- printed sheet, round stickers, large sheet of butcher paper (Write out one or two questions on the paper and do a line below it. Students will place the sticker on the place in the line that corresponds with their answer. For example: Where are you on your faith journey? You could have a line with "haven't decided to follow Jesus" on the far left of the line and "in a close relationship with Jesus" at the end of the line.
6. Rooted- printed sheet, post it notes, pens, a plant
7. Map- printed sheets (2), stones
8. Thanks- printed sheet, pens, post it notes, sign that says thankful/give thanks etc
9. Struggles- printed sheet, index cards, pen, bowl



Matthew 5:14-16 states: “You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven”

Think about where God is calling you to be a light. Perhaps it's your town, sports team, school, or neighborhood. Use a highlighter to write it down on the paper with a light bulb and pray for God to provide opportunities for you to share God's love in your context.





“Therefore, my friends, I want you to know that through Jesus the forgiveness of sins is proclaimed to you.” Acts 13:38

Is there something you wish to bring to God to ask forgiveness? Write or draw it in the sand. Pray for forgiveness, then clear away what you put in the sand as a symbol of God’s forgiveness and grace.



1 Peter 5:6-7 states: “6 Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.”

What is making you anxious? What are the things that are weighing heavy on your mind today? Write those down and put them on the cross, giving God your anxiety. Take time to close your eyes and just rest in God’s presence.





What are the things that are holding your generation captive? Write those down on the slip of paper and add them to the paper chain. Then take a moment to pray for your generation to find freedom and live a life of abundance in Christ.



“The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”  
John 10:10



Reflect upon your faith journey and put a sticker along the line to answer the question. Take time to find a place to sit and quietly reflect. Or, if you feel the need to move, walk around the space, praying for God to direct your path.

“You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.” Psalm 16:11



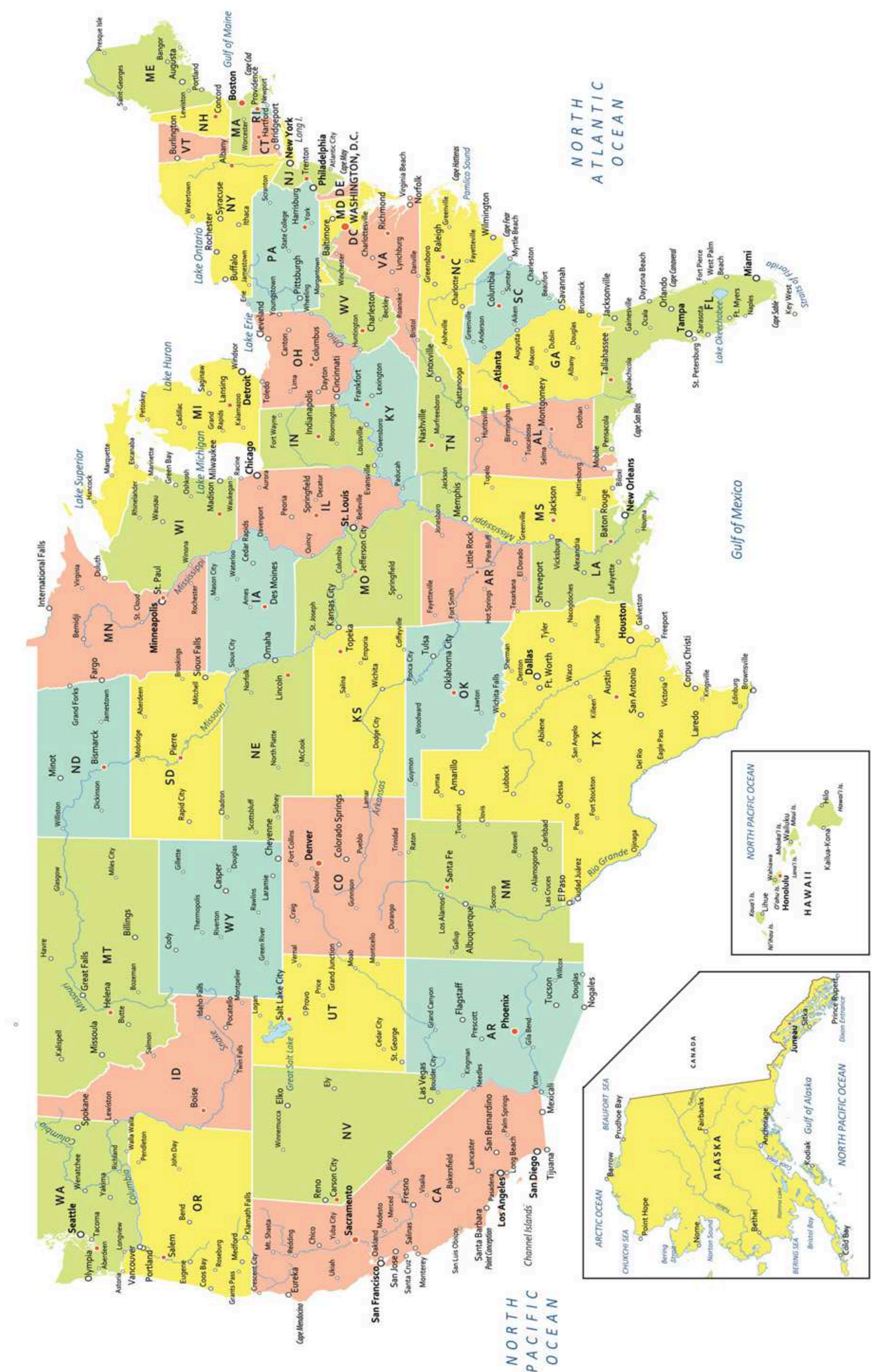
Who has God placed in your life to teach you and walk alongside you in your faith journey? Take a moment to thank God for them. Write their name on a post-it note and place it by the plant.

6 So then, just as you received Christ Jesus as Lord, continue to live your lives in him, 7 rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. (Colossians 2:6-7)





# Impact Missions: Prayer Stations





Take a moment to pray for all those who have been affected by the recent hurricanes.

Pray for those who have lost loved ones or their homes.  
Pray for communities who are facing large amounts of damage from flooding and winds.

Pray for rescue efforts and organizations who are there to help.

After you've prayed, take a stone and keep it as a reminder to continue to pray this week.



Give thanks to the Lord, for he is good; his love endures forever.

(1 Chronicles 16:34)

What are you grateful for? How have you seen God work in your life this year? Write three things that you are grateful for on a post-it and place it near the sign.



Where are you struggling the most?

Cast your cares on the Lord  
and he will sustain you;  
he will never let  
the righteous be shaken. (Psalm 55:22)

Write down your struggles or ways that we  
can pray for you and place them in the bowl.  
Leaders who come by will pray for these  
things and for you.

If you are experiencing struggles and want  
someone to pray with you now, find your  
leader. They would be happy to pray with  
you.

